

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE. ONTARIO

COURSE OUTLINE

Course Title: **INTRODUCTORY PSYCHOLOGY**

Code No: **PSY 102 - 1**

Program: niROnAMffffilNfi

Semester

Date: September. 19Bfi

Author: THt Tammik. Room F4fi0, Fxt ??fi

New:

Revision:

APPROVED:


A. Kravtsov
Chairperson

Date: Aue. /sk
Date

COURSE DESCRIPTION;

A study of the science of psychology; its methods, concepts and theories, including the topic areas of: (1) brain, consciousness and perceptual processes; (2) language, intelligence, learning and memory; (3) motivation and emotion; (4) sex roles and interpersonal relationships and; (5) personality and therapy. Psychological concepts and theories will be studied, with a view towards how they can be applied to enhance the student's understanding of psychological adaptation and the causes and consequences of human behavior.

COURSE GOALS: To develop an understanding of:

- 1) the science of psychology; its methods, concepts and theories
- 2) the human brain, consciousness and perceptual processes
- 3) the basic principles of human learning, memory, language and intelligence
- 4) the basic principles of human emotion and motivational processes
- 5) the basic concepts and theories of human sex roles and interpersonal relationships
- 6) the basic concepts and theories of human personality and psychological therapies
- 7) how psychological concepts and theories can be applied towards enhancing our understanding of the causes and consequences of human behavior

COURSE OBJECTIVES;

To be able to critically discuss and demonstrate, through oral and written responses, an understanding of:

- 1) the methods, concepts and theories of the science of psychology
- 2) the human brain, consciousness and perceptual processes
- 3) the basic principles of human learning, memory, lanugage and intelli-
gence
- 4) the basic principles of human emotion and motivational processes
- 5) the basic concepts and theories of human sex roles and Interpersonal
relationships
- 6) the basic concepts and theories of human personality and psychological
therapies
- 7) how psychological concepts and theories can be applied towards
enhancing our understanding of the causes and consequences of human
behavior

- 8) Students will be required to research and present an individual oral class seminar, of a minimum 15 minutes (maximum 20 minutes) duration. Topics (within the scope of this course) will be chosen in consultation with and subject to the approval of the instructor.

Note; Students should also refer to the course text's accompanying "study guide" for more specific learning objectives, related to each topic area covered in the course.

TEXTS;

1. The Psychology Pi. Being Human. Brief Update. Third Edition
A. Rubin and EB. McNeil, Harper and Row Publishing Co., 1983
2. study Guide for Rubin & McNeil's "The Psychology flLBeing Mumag. Brief Update. Third Edition
T. Maul and R. McGlyrm, Harper and Row Publishing Company, 1983

NOTE: Additional readings and/or student viewings of audio-visual materials may be assigned during the course, at the discretion of the instructor. The exact dates of tests referred to in the "Syllabus" section will be announced in class. Students will also be responsible for understanding audio-visual, lecture and student seminar materials presented during the course.

SYLLABUS:

Topics-SECTION*!

1. What Is Psychology? - research, theory, methods, experimentation and application
Assigned Reading - page 4 to 32
2. The Brain and the Nervous System - structure function and the effects of experience on the brain.
Assigned Reading - pages 38 to 64
3. Consciousness - the nature of consciousness, sleep dreaming, hypnosis, and psycho immunology
Assigned Reading - pages 70 to 85 and 92 to 105
4. Perception - perception as an active process
Assigned Reading - pages 123 to 137

TEST * 1: (approx. mid-Oct) covering all of section * I assigned readings

TOPICS, SECTION «2;

- 1. Learning and Memory - classical and operant conditioning, cognitive learning, memory and forgetting; behavior control
Assigned Reading - pages 138 to 171**
- 2. Language, Thought and Intelligence - theories of language development, concept learning and problems solving, intelligence, creativity and mental images
Assigned Reading - pages 172 to 207**
- 3. Motivation, Emotion and Stress - motives, theories of emotional development and stress
Assigned Reading - pages 210 to 241**
- 4 Personality - Freud's Psychoanalytic theory, Jung, Adler, and the Neo-Freudians, type, trait, social learning and humanistic theories
Assigned Reading - pages 248 to 277**

TFST *?• (approx. mid-Nov.) covering all of section *2 assigned reading

TOPICS. SECTION »3

- 1. Psychological Disorders - defining abnormality, anxiety, depression, schizophrenia etc.
Assigned Reading - pages 360 to 387**
- 2. Therapies - insight, behavior and somatic therapies**
 - does therapy work?
 - therapy and responsibility
 - the therapy market place**Assigned Reading - pages 392 to 421**
- 3. Relating to One Another. Female and Male**
 - psychological differences between men and women
 - biology and culture: explaining the differences
 - human sexuality and changing sex roles**Assigned Reading - pages 428 to 459**

Topica, Section 3, continued

4. Social Relationships

- needing and perceiving others
- liking, loving and leaving others
- prejudice and racism

Assigned Reading - pages 460 to 489

TEST *3: (approx. mid-Dec.) covering all of section *3 assigned readings.

INSTRUCTIONAL METHODOLOGY:

Student learning will be facilitated by lectures, seminar presentations/ discussions and audio-visual presentations. Students will also be required to research and present an oral class seminar, on a topic of their choice that is within the scope of this course. Topic suggestions, scheduling and evaluation criteria will be discussed in class. The instructor will be available as a resource person, to advise students on an individual basis during their seminar research and preparation, and for a seminar evaluation interview, following their class presentation.

EVALUATION:

Students will be responsible for regular attendance and class participation in all areas of the course as outlined and for all readings, assignments and tests as requested. The course evaluation system can be modified at the discretion of the instructor.

The final course grade will be determined as follows:

Attendance.....	10%
Section * 1 Test.....	25%
Section *2 Test.....	25%
Section *3 Test.....	25%
Seminar Research and Oral Presentation.....	15%

Total IQQfi

A grade of A, B, C, or R will be awarded upon completion of all of the course, in accordance with the grading policy of Sault College, ie.: ,

- A* - 90 to 100%
- A - 80 to 89%
- B - 70 to 79%**
- C - 60 to 69%**
- R - below 60%